

# Maggie Dent Biography 2024

## Maggie Dent—Short Bio

Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors, educators and podcasters. She has a particular interest in the early years, adolescence and resilience, and is an undisputed 'boy champion'. Maggie is the author of 10 major books, including the bestselling *Mothering Our Boys*, *From Boys to Men* and *Girlhood*. In 2024, she released her final parenting book, *Help Me Help My Teen*. Maggie hosts *The Good Enough Dad* podcast and has hosted six seasons of the award-winning ABC podcast Parental As Anything. She is the mother of four sons and a very grateful grandmother.

## Maggie Dent—Short-Medium Bio

Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors, educators and podcasters. She has a particular interest in the early years, adolescence and resilience, and is an undisputed 'boy champion'. Maggie is the author of 10 major books, including the bestselling *Mothering Our Boys*, *From Boys to Men* and *Girlhood*. In 2024, she released her final parenting book, *Help Me Help My Teen*. Maggie hosts *The Good Enough Dad* podcast and has hosted six seasons of the award-winning ABC podcast Parental As Anything.

Maggie is a dedicated advocate to quietly changing lives in our families and communities. She is the mother of four sons and a very grateful grandmother.

## Maggie Dent—Medium Bio

Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors, educators and podcasters. She has a particular interest in the early years, adolescence and resilience, and is an undisputed 'boy champion'.

Maggie's experience includes teaching, counselling, and working in palliative care/funeral services and suicide prevention. She is a dedicated advocate to quietly changing lives in our families and communities. She is the mother of four sons and a very grateful grandmother.

Maggie hosts *The Good Enough Dad* podcast and hosted six seasons of the award-winning ABC podcast Parental As Anything and, in 2021, released a book of the same name. She is the author of 10 major books, including the bestselling *Mothering Our Boys*, *From Boys to Men* and *Girlhood*. In 2024, she released her final parenting book, *Help Me Help My Teen: supporting our teens through tough times*.

## **Maggie Dent—Longer Biography**

Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors, educators and podcasters. She has a particular interest in the early years, adolescence and resilience, and is an undisputed 'boy champion'.

Maggie's experience includes teaching, counselling, and working in the palliative care/funeral services and suicide prevention. Maggie is an advocate for the healthy, common-sense raising of children in order to strengthen families and communities. She is a passionate, positive voice for children of all ages.

Maggie is regularly featured on parenting blogs, podcasts and news sites, as well as being heard on commercial and ABC radio around the country and appearing regularly on national TV. Maggie is host of *The Good Enough Dad* podcast and has hosted six seasons of the award-winning ABC podcast, *Parental As Anything*.

She is the author of 10 major books, plus several other e-books and a prolific creator of resources for parents, adolescents, teachers, early childhood educators and others who are interested in quietly improving their lives.

Her books include the 2022 release *Girlhood: Raising our little girls to be healthy, happy and heard*, *Parental As Anything* (based on the podcast), her bestselling boys' books *From Boys to Men* and *Mothering Our Boys*, plus *Real Kids in An Unreal World*, *9 Things: A back-to-basics guide to calm, common-sense, connected parenting Birth-8*, *Nurturing Our Children's Hearts & Souls*, *Saving Our Adolescents* and her first book, *Saving Our Children From Our Chaotic World*. Maggie's final parenting book, *Help Me Help my Teen*, was released in August 2024.

Maggie is the proud mother of four wonderful sons, and an enthusiastic and grateful grandmother. She lives in the South Coast region of NSW with her good bloke Steve Mountain and their dear little dog, Mr Hugo Walter Dent.

BA, DipEd, DipCounselling

## **Maggie Dent—Bio For Education Sector**

Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors and educators. She has a particular interest in the early years, adolescence and resilience, and is an undisputed 'boy champion'.

Maggie's experience includes working for almost two decades as a secondary teacher before moving into counselling, and working in the palliative care/funeral services and suicide prevention. Maggie is an advocate for the healthy, common-sense raising of children in order to strengthen families and communities. She is a passionate, positive voice for children of all ages.

Maggie is the author of 10 major books, plus several other e-books and a prolific creator of resources for parents, adolescents, teachers, early childhood educators and others who are interested in quietly improving their lives. She is also host *The Good Enough Dad* podcast and the award-winning ABC podcast, *Parental As Anything*.

Her books include the 2022 release *Girlhood: Raising our little girls to be healthy, happy and heard*, *Parental As Anything* (a 2021 book based on her podcast), her bestselling boys' books *From Boys to Men* and *Mothering Our Boys*, plus *Real Kids in An Unreal World*, *9 Things: A back-to-basics guide to calm, common-sense, connected parenting Birth-8*. Maggie's final parenting book, *Help Me Help my Teen*, was released in August 2024.

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